

Gastromed Healthcare, PA

Endoscopy preparation instructions

Patient:

Procedure date:

Time:

Please arrive one hour prior to exam time

To prepare for this procedure:

1. Nothing to eat or drink after midnight prior to the procedure.
2. Take any heart or blood pressure medicine with just enough water to get it down (a few sips) 2-3 hours prior to leaving for the procedure
3. If you are on Insulin or diabetic medications, *do not take the morning of the procedure*. You can resume after the procedure when you are back on your normal diet.
4. Follow the checked instructions if you are on blood thinners or aspirin products.

_____ Hold Fish oil 5 days prior to procedure

— ___ Hold Aspirin for 5 days prior to procedure

— ___ Hold Plavix for 7 days prior to procedure

_____ Hold Coumadin for 4 days prior to procedure

_____ Hold _____ for ___ days prior to procedure.

Please discuss your blood thinner medications with your cardiologist prior to the procedure.

YOU MUST HAVE SOMEONE WITH YOU TO DRIVE YOU HOME AFTER YOUR PROCEDURE.